






# Jenora Ledbetter

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## S.E.L.F C.A.R.E

*Strategically **E**nhancing **L**eadership **F**ulfillment and  
**C**ultivating **A**cceptance, **R**espect, and **E**quity*

## ABOUT THE AUTHOR

Jenora Ledbetter, founder of The Self Care Network LLC, brings over a decade of experience to her work in empowering businesses and organizations to strengthen leadership and foster inclusive practices with integrity and expertise. Her methods emphasize that this work centers

around people, connection, community, and the human experience, providing a holistic approach to reducing workplace discrimination and harassment by addressing gaps in representation and leadership development. Jenora holds a master's degree in Advocacy and Policy, a bachelor's degree in Psychology, and is certified as a Chief Equity and Inclusion Officer and in Employment and Labor Law.

Jenora Ledbetter is an accomplished lecturer in Organizational Behavior, Leadership Management, Cross-Cultural Awareness, and Sensitivity. Her expertise encompasses critical areas such as Equity & Inclusion, Leadership Team Development, Executive Coaching, Board Governance, and Strategic Planning. Driven by a deep commitment to fostering growth, Jenora strives to create environments where individuals, teams, and organizations can excel, achieving new heights of performance and impact.

## CENTERING EQUITY IN YOUR ORGANIZATION

### Summary

Through engaging storytelling and research-backed methodologies, *Centering Equity in Your Organization* challenges traditional paradigms and offers innovative approaches to address systemic barriers and promote fairness and justice within the workplace. Whether you're a seasoned executive, HR professional, or aspiring leader, this book will empower you to navigate complexities, leverage diversity as a strength, and create environments where every individual can thrive.



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